



# 2021 Calendar

New Beginnings

<https://www.brahmakumaris.org/>



# The Soul

I am a soul, not a body.

## January 2021

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- ❖ If someone asks you who you are, you will say I am my name, my profession, my title.
- ❖ But these are all *mine*; they are not *me*. Then, who am I?
- ❖ There is a divine energy within this body that sustains the body, the one who lives, takes decisions, performs actions using the body.
- ❖ That energy is who I am, **the soul**, a **tiny point of light** residing at the center of the forehead. It is not a physical light but a light of conscious energy, the fundamental being of experience.
- ❖ Life exists as a result of a union of soul and body. **I, the soul**, am the one who experiences this life through this body made of five elements.



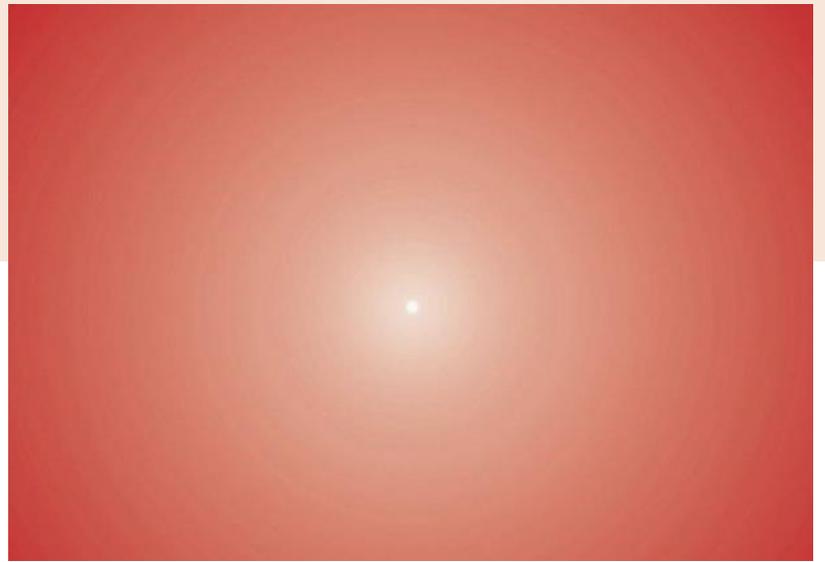
# The Supreme Soul

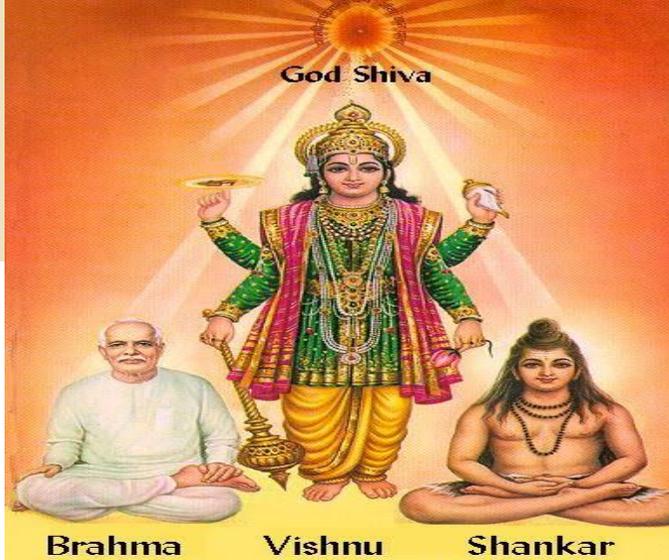
God is not beyond name and form.

## February 2021

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- ❖ **Name:** Shiv. It means the Benevolent One.
- ❖ **Form:** Incorporeal, point of light.
- ❖ **Date of Birth:** Beyond the cycle of birth and death, His is an incarnation. He comes at the confluence of the Iron Age and the Golden Age, at a time of extreme sorrow driven by the darkness of ignorance. The exact date and time cannot be known but His birth is celebrated as the night of Shiva or Shivratri.
- ❖ **Place of Birth:** India or Bharath.
- ❖ **Address:** Paramdham or the soul world. It is a world of light that is beyond this physical world, the sun, moon and the stars. It is the sweet home of silence.
- ❖ **Occupation:** World transformation through the purification of souls and the elements.





# Trimurti Shiva

Supreme Father Shiva is the Creator of Brahma, Vishnu and Shankar.

## March 2021

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- ❖ God explains that there is no meaning in the expression, 'Trimurti Brahma'. It is said: salutations to the *deity* Brahma, salutations to the *deity* Vishnu and salutations to the **Supreme Soul** Shiva. So, there is a difference. **God is One.**
- ❖ He is the Creator of Brahma, Vishnu and Shankar. Therefore, it is said: **Trimurti Shiva**. People confuse Shiva and Shankar to be the same, but they are not.
- ❖ At the top of the picture of the Trimurti is God, incorporeal Shiva. God Shiva creates Brahmins by imparting the knowledge of the **Gita** at this time through the medium of Brahma. **Brahma** is a human being.
- ❖ **Shankar** represents the deep tapasya - remembrance of God and the inculcation of the divine virtues. Through this, Brahma and the brahmins achieve their perfect deity form – **Lakshmi and Narayan**, whose combined form is shown as **Vishnu**. The middle therefore represents the **inheritance**.



# The Three Worlds

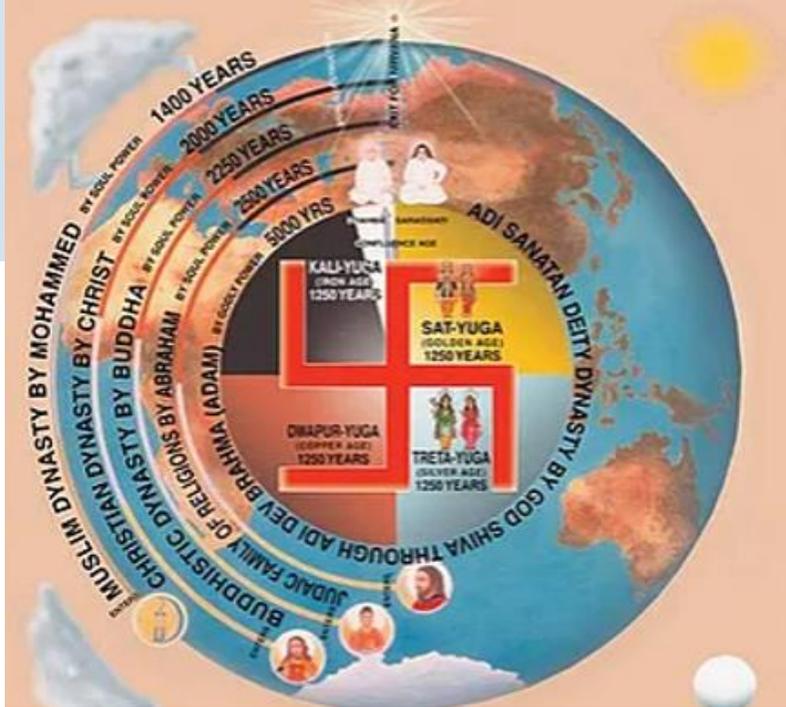
How many worlds exist?

## April 2021

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- ❖ We know of this Earthly world that is within reach of our physical senses.
- ❖ Because everything here is physical (we can touch or smell), we call it the **Corporeal world**. It is here in this world that the world drama is played out.
- ❖ Now, there is another world, the world of thoughts. In this world, there is no sound or material objects. This is the **Subtle world**. This is a world of angels. Here, our body is of transparent divine light.
- ❖ The third world lies beyond the sun, moon and the stars. It is the permanent residence of the Supreme Soul and the souls. This is the **Soul world**.
- ❖ Souls exist here in their purest form. They exist as tiny points of light without bodies. It is just you, the Father and eternal sweet silence.



# The World Cycle

It has no beginning, no end.

May 2021

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- ❖ The world cycle is **5000 years** and moves through **4 distinct Ages** (time periods) – golden age, silver age, copper age and iron age. Each is of **1250 years** long.
- ❖ We are currently at the great confluence – of the impure iron age and the pure golden age. It is a time when God Himself comes to dispel the darkness of ignorance with the light of knowledge. He comes to re-establish the golden age.



# The Ladder

The story of the rise and fall of Bharat.

## June 2021

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- ❖ **Golden age:** The play begins. Shri Krishna, the first prince arrives on the world stage. Souls here are 16 celestial degrees complete with all virtues and powers. It is the perfect world remembered as 'heaven'.
- ❖ **Silver age:** Still radiant with divine virtues, the number of souls increase significantly. There are minor changes in nature and in the degree of happiness in souls reflecting a dip in their degree of purity from 16 to 14 celestial degrees.
- ❖ **Copper age:** Beginning of devotion/bhakti. Souls forget who they are and think of themselves as bodies. They fall prey to the five vices. Having thus forgotten their true spiritual identity, souls become uneasy and unhappy and the search for God begins. Religious founders come to the world at this time to establish religion.
- ❖ **Iron age:** When iron age starts, religions have already been established and widespread. Souls, however, continue to deplete and move further away from God. There is a decline in moral, ethical and spiritual values. Sorrow is everywhere.



# Tree in time

The history of the human tree.

## July 2021

- ❖ The trunk of the tree symbolizes the era of paradise, which emerges from that perfect Seed.
- ❖ When the deities become overinvolved with the physical world, they lose awareness of being a soul, they also lose touch with their original nature of purity, peace and truth. Divinity departs. Paradise is lost.
- ❖ As the unity of the trunk loses integrity, minds search for truth. The memory of God, the Seed, resurfaces from the depths of the human psyche. In response to the search, great prophet souls make their entrances and establish the mighty branch of a great religion on the Human Tree.
- ❖ Many new leaves emerge on the branches, as the human family grows drastically. Chaos and confusion ensue, as the search for self-realization and truth gives rise to divergent beliefs and ways of thinking. Each main branch diversifies into smaller limbs and twigs. Cults, sects and 'isms' emerge. Meanwhile, within the central trunk of humanity, the worship of nature and of human beings as gurus takes hold.
- ❖ But before old life dies, new life is given by the Seed, the Creator of the tree. God, the Seed of the Human Tree, reveals how what once was can be again.

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# Shri Krishna

The first prince of the golden-aged new world.

## August 2021

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- ❖ Krishna is a human being. Through the study of Raja Yoga at this confluence age, he attains his perfect and complete deity form and is born in heaven or the golden age.
- ❖ This is why Krishna is referred to as **Shyam-Sundar** – he is the most beautiful (Sundar), the first prince of the golden age. Then, as he takes rebirth, his beauty decreases (Shyam) as his level of purity decreases.
- ❖ Krishna is incorrectly referred to as the **God of the Gita**. But Krishna is the prince of heaven! Besides, no human being can be God because God does not come into the cycle of birth and death like human-beings. He therefore never becomes impure. Only He is the **Ocean of Knowledge** and of all virtues.
- ❖ The Father says: **Manmanabhav!** Consider yourself a soul and remember Me alone and all your sins will be absolved.



# Shri Lakshmi and Shri Narayan

The aim of this spiritual study.

## September 2021

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- ❖ Shri Lakshmi and Shri Narayan were the original, eternal deities of Bharat; they were the **masters of the golden age**. Before marriage, Shri Lakshmi and Shri Narayan were **Shri Radhe and Shri Krishna**.
- ❖ In their kingdom, all were virtuous, 16 celestial degrees pure, completely viceless, righteous and completely non-violent. There was everlasting purity, peace and prosperity.
- ❖ They are all-round actors and take all 84 births through the cycle. Now at the confluence, when Shri Narayan in his last 84<sup>th</sup> birth is an ordinary man, God descends into his body and names him '**Prajapita Brahma**'. Shri Lakshmi in her 84<sup>th</sup> birth is the mouth-born daughter of Prajapita Brahma and is named '**Jagadamba Saraswati**'.
- ❖ Now, by teaching Rajayoga through Prajapita Brahma, God re-establishes the golden aged deity world sovereignty or heaven.
- ❖ Through this study, Prajapita Brahma and Jagadamba Saraswati will once again attain the status of worship-worthy world sovereigns Shri Narayan and Shri Lakshmi, in their next life.



# Spiritual Powers

The soul's super-powers to face any situation.

## October 2021

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- ❖ **the power to tolerate** is the ability to respond to external and internal events positively, yet not be affected by them.
- ❖ **the power to adjust** is the ability to expand and accept the presence, ideas and desires of others.
- ❖ **the power to discriminate** is the ability to discern the subtle and separate what is true from what is false.
- ❖ **the power to judge** is the ability to assess the quality of choices, decisions and actions in yourself and in others.
- ❖ **the power to face** is the ability to confront and resolve external and internal obstacles, tests and challenges.
- ❖ **the power to co-operate** is the ability to give in the service of others and to work alongside them.
- ❖ **the power to withdraw** is the ability to step back and disengage from the world around you.
- ❖ **the power to pack up** is the ability to bring things to an end and to stop wasteful thinking.



# Qualities of the Soul

There are seven qualities that are innate to the soul.

## November 2021

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- ❖ **Purity:** is the foundation, the mother of peace and happiness. Purity is not celibacy alone. It means purity in thoughts, words and actions.
- ❖ **Peace:** is the natural nature of the soul. When the turbulence within my mind has subsided and I enjoy the tranquil flow of loving thoughts passing through my being, I am at peace.
- ❖ **Happiness:** is the greatest nourishment to the soul. It comes from purity of the self, from being content and self-less service.
- ❖ **Love:** is the breath of the soul. It makes life worth living, without it, life is dry and meaningless.
- ❖ **Bliss:** is the experience of being beyond the pull of the physical senses, it is super-sensuous joy.
- ❖ **Power:** there are eight that are innate to the soul and help face any situation in life.
- ❖ **Knowledge:** is to know the creation and the Creator from the Creator Himself, the Ocean of Knowledge, the Source of Truth.



# Raja Yoga

I, the soul, become a self-sovereign.

## December 2021

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26	27	28	29	30	31	



- ❖ **Raja** is a Hindi word, which means 'a King' and **Yog** or **Yoga** means 'a connection' or a 'relationship'.
- ❖ Raja Yoga is the Supreme Yoga through which the Soul becomes the master (a Raja/King) of all its senses (physical organs, mind, intellect) by simply remembering its original nature and its relationship with the Supreme Soul.
- ❖ The process of moving within, experiencing oneself as a spiritual being or a divine soul, which is a self-luminous, divine point of energy, and then connecting with the Father, the supreme source of energy and virtues, empowers the self.
- ❖ God Himself teaches souls Raja Yoga at this time. Through His remembrance, souls are purified of all sins.